# **ELEMENTARY MONTHLY FOOD PROMOTIONS**

### TAKE A TASTE TUESDAY

One Tuesday a month, all of our elementary school cafeterias will provide a free sample of a unique fruit, vegetable, or legume for all students to try. There is significant research on the greater amount of times a child is exposed to fruits and vegetables, the more likely they are to eat them regularly in the future.

## **WACKY WEDNESDAY**

One Wednesday a month there will be a fun and exclusive food item added to the menu at breakfast or lunch. This is a way to generate excitement about our school meals and let the students enjoy something new!

# PIZZA OF THE MONTH

Every first Friday of the month there will be a "pizza flavor of the month" chosen by your school's cafeteria manager. Students will be able to try new flavors and give their feedback.

## **BREAKFAST FOR LUNCH**

In response to student feedback, we will be trying out some student favorite breakfast entrees regularly on the lunch menu to generate excitement about eating lunch.

#### **FUEL PROMOTION**

One day a month we will be serving a "FUEL" recipe which are fun, new recipes tested in our Aramark corporate kitchen. If the students enjoy these recipes, they may be featured on the menu again.

## **SUPER STRAWBERRY MILK PROMO**

The first Monday/Tuesday of the month we will be providing strawberry milk as a choice for breakfast and lunch. We are encouraging students to take a milk and enjoy "super strong bones" from the calcium and vitamin D that milk provides.

\*\*There will be other food promotions throughout the fall that are not recurring and those dates will be provided in the posted monthly menus.\*\*

\*Menus are subject to change